



melmed center

Symptom Tracking Parent

(Vanderbilt Modified Form)

Child's Name: _____ **Person Completing Form:** _____

On specified date, please rate each symptom by circling the number that best describes the symptoms or severity of challenge.

Frequency Code: 0 = Never 1 = Occasionally 2 = Often 3 = Very Often

Date:	Date:	Date:	
0 1 2 3	0 1 2 3	0 1 2 3	Fails to give attention to details or makes careless mistakes
0 1 2 3	0 1 2 3	0 1 2 3	Has difficulty sustaining attention in tasks
0 1 2 3	0 1 2 3	0 1 2 3	Does not seem to listen when spoken to directly
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty following instructions and fails to complete assigned tasks
0 1 2 3	0 1 2 3	0 1 2 3	Has difficulty organizing tasks
0 1 2 3	0 1 2 3	0 1 2 3	Avoids or dislikes tasks that require sustained mental effort
0 1 2 3	0 1 2 3	0 1 2 3	Loses things necessary for tasks
0 1 2 3	0 1 2 3	0 1 2 3	Is easily distracted by extraneous stimuli
0 1 2 3	0 1 2 3	0 1 2 3	Is forgetful in daily activities
0 1 2 3	0 1 2 3	0 1 2 3	Fidgets with hands or feet or squirms in seat
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty remaining seated when expected
0 1 2 3	0 1 2 3	0 1 2 3	Runs about or climbs excessively at inappropriate times
0 1 2 3	0 1 2 3	0 1 2 3	Has difficulty playing quietly
0 1 2 3	0 1 2 3	0 1 2 3	Is "on the go" or often acts as if "driven by a motor"
0 1 2 3	0 1 2 3	0 1 2 3	Talks excessively
0 1 2 3	0 1 2 3	0 1 2 3	Blurts out answers before questions complete
0 1 2 3	0 1 2 3	0 1 2 3	Has difficulty awaiting turn
0 1 2 3	0 1 2 3	0 1 2 3	Interrupts or intrudes on others
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty with homework completion
0 1 2 3	0 1 2 3	0 1 2 3	Problematic school performance
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty in social situations with peers
0 1 2 3	0 1 2 3	0 1 2 3	Challenges in the morning routine
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty with time management
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty with siblings
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty managing anger or disappointment
0 1 2 3	0 1 2 3	0 1 2 3	Oppositional with parents
0 1 2 3	0 1 2 3	0 1 2 3	Aggressive verbally
0 1 2 3	0 1 2 3	0 1 2 3	Aggressive physically
0 1 2 3	0 1 2 3	0 1 2 3	Mood changes quickly and drastically
0 1 2 3	0 1 2 3	0 1 2 3	Less social with friends, looks dull or flat
0 1 2 3	0 1 2 3	0 1 2 3	Is tired during the day
0 1 2 3	0 1 2 3	0 1 2 3	Is dull, flat, "loss of spirit" not him or herself
0 1 2 3	0 1 2 3	0 1 2 3	Is worried or anxious about things
0 1 2 3	0 1 2 3	0 1 2 3	Is sad, depressed, low mood, tearful
0 1 2 3	0 1 2 3	0 1 2 3	Is irritated easily by things or crabby feeling
0 1 2 3	0 1 2 3	0 1 2 3	Reacts emotionally i.e. yelling, slamming doors
0 1 2 3	0 1 2 3	0 1 2 3	Tics or movements, twitches, jerks or noises
0 1 2 3	0 1 2 3	0 1 2 3	Habits such as nail biting or skin picking
0 1 2 3	0 1 2 3	0 1 2 3	Decreased appetite
0 1 2 3	0 1 2 3	0 1 2 3	Difficulty falling asleep